



Creating a Culture of Peace in School with NVC

Children learn more when they have fun, feel safe and trust that mistakes are welcome.

This workshop is for anyone involved in education or interested in the development of children. We offer an opportunity to develop your skills in communication and learn how to contribute to a Culture of Peace in your classroom through your own presence.

The purpose of this workshop: To give teachers the skills needed in order to contribute to children growing up with other options than submission and rebellion: the skills to create dialog that leads to both parties needs being met.

We will work towards a balance between guiding students, and encouraging autonomy and inner motivation in student.

- We sometimes give too little guidance to young ones, and thereby let them down.
- We sometimes give too much guidance to young ones, and thereby get in the way of them learning from inner motivation and developing self-responsibility.

The content of this workshop: During two days we will work with the following topics:

- Get clearer on our own vision and dream for our work with students, so that we can develop practical steps we can take towards our dream.
- Skills to enrich our work and cooperation in schools based on nonviolent values that honor basic human needs such as mutual respect, empathy, equality and inclusion in the daily life with children.
- Peace is not the absence of conflict, but the skills to go closer and get creative. We will introduce skills to handle anger and conflicts, so that we can model and inspire children in how to connect in challenging situations.
- Practicing self-empathy, honesty and empathy in a balanced dialog, where the focus is on creating a quality of connection, that enables both parties' needs to be met.
- Exploring how to bridge the gap between our aspirations and our daily reality with its many challenges. And practicing having access to be tactic in the moment of challenge and still come back to being strategic in how we work towards our long-term goals.
- Participants will have the opportunity to work from own examples and learn how to contribute to development based on dialogue and cooperation.
- Exploring daily practices that support us in finding inner peace, and expand our capacity for holding the wellbeing our self and others in mind while focusing on the learning objective.
- Practicing inclusion in all dialogs in order to educate children in democratic values, and prepare them for full participation in society.

Our dream is that our students

- will feel as enthusiastic about learning when they leave school after 12 years of study, as they were on their very first day of school. Too many children seem to loose their natural joy of learning; because of the way we traditionally have organize our work in school.
- will feel safe, accepted as they are, and connected to the joy of learning, and that they will learn from inner motivation and take responsibility for their own learning.
- will feel free to contribute.

When and where

- Friday 25th & Saturday 26th August 2017 from 9:15 am – 4:30 pm in Rotterdam (Djoj). Trainer: Kirsten Kristensen, co-trainers: Dionne Verbeet en Eva Maria Schneijderberg

Practical information

Spoken language is English. Exercises can be done in Dutch. Occasional translation is possible f.e. if you feel more comfortable in raising your question in Dutch.

Investment: €275 for individuals, €375 for independent professionals, €500 for schools (no VAT charged and including all materials, coffee/tea and lunch).

For further information or to subscribe you can call +31-10-4650068 or send an e-mail to Ingrid Bouland at info@ai-opener.nl.

Recommended preparation:

Please watch the 5 films "Culture of Peace in School with NVC" following this link

<http://www.kommunikationforlivet.dk/GB/Schools/NVC-film>